

Kindergarten Readiness Checklist

Starting kindergarten is a big step for a lot of families particularly knowing whether your child is ready. Below are a few points that may be beneficial in helping you decide what is best for your family and child.

Self-Care Skills

- Can my child get dressed on their own (it is developmentally normal for a child to need assistance with Buttons, Zippers, & Shoelaces)
- Know and can say their first and last name and age.

Language Skills

- Can speak sentences of 3-5 words or more
- Use words to express needs and wants
- Understand two-step directions e.g. pick up your toy & put it in the box
- Make comparisons between big/little, over/under and first/last
- Asks questions, who, what, when, where, why?

Social and Emotional Skills

- Interacts with other children and engages in co-operative play
- Is able to share toys and take turns with little guidance
- Your child is becoming more imaginative during play (pretend play)
- Can pay attention for at least 5 minutes to a task an adult is leading, like listening to directions for an activity.
- Is able to separate from their primary caregiver

Toileting

- Knows when they need to go to the toilet and is confident using the toilet
- Can pull down/up pants and underwear for toileting on their own

